

Food Notes | The Newsletter of Food for People

SPRING ISSUE 2024

The Food Bank for Humboldt County



Students from St. Bernard's Academy (Golden Can Winners) with Senator Mike McGuire and KHUM's Greta Stockwell at the Humboldt Holiday Food Drive. More on pages 4-5.

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We feel it's important to keep you updated on our programs, policy work, and the progress we are making at the food bank. If you do not wish to receive a newsletter, please don't hesitate to contact us and have your name removed from our newsletter mailing list.

Notes from the Executive Director

The beginning of a new year has offered the opportunity to reflect on the last year and how far Food for People has come. At this point last year, our team was deeply absorbed in disaster relief efforts as the community worked to recover from the major earthquakes that rocked our area and inflicted longstanding damage in the community of Rio Dell. We were still hard at work rebuilding our main facility, and we were contemplating the imminent retirement of Anne Holcomb, who served as the leader of Food for People for more than 22 years. Now more than a year later, the work in Rio Dell has settled into the ongoing support of our partners at the Rio Dell Community Resource Center and our regular mobile pop-up distributions; our team has settled into the new food bank building and established new processes and operations, and I have transitioned into my new role as the Executive Director of our incredible organization.

I am incredibly proud of how far we have come in the last year. We have expanded our services, partnering with organizations to bring food to communities that have traditionally been underserved, including Alderpoint, Petrolia, Honeydew, and most recently Myers Flat. At the same time, we are serving 30% more people across our programs. The need for food assistance has grown dramatically as pandemic-era food assistance programs have gone away and the cost of living in our beautiful region has continued to climb. This has required creative solutions for our various programs. In our Eureka Choice Pantry, our team has been working to recruit and train more volunteers to ensure we can serve the 100-180 households seeking assistance from us daily. For our Mobile Produce Pantry, this has meant figuring out how to best prepare for serving 75 to 200+ people in just a few short hours, and in our Senior Programs it has meant finding new partner locations across the county to ensure we have the space to accommodate the volume of seniors now enrolled in our programs.

We have also been fortunate enough to have the opportunity to participate in a kickstart program for the state's efforts to support local food production through the Local Food Purchase Assistance program. This program provides funding to purchase locally grown and produced foods from small family farmers and farmers of color, to go directly into food bank programs serving low-income community members. Locally the North Coast Growers Association has been acting as our aggregator, working with local farmers to source produce and then deliver foods to us for use in our various programs. While we don't know if this program will be supported in the future, we are excited for the opportunity to provide our clients with high-quality fresh foods while the local growers receive top-dollar compensation.

Throughout this year of transition and expansion, our team struggled with the unknowns of whether community support of Food for People would remain steady while so many people struggled with their own challenges due to the current

economy. It is with heartfelt gratitude that I say these fears did not come true, and we have seen strong support from our community, allowing us to help where needed most. Coming off the holiday season, we have been surprised and humbled by the incredible support we have seen. From the Hunger Fighter teams who inspired their networks to support Food for People this year, to the KHUM listeners and DJs who showed up to support us during this year's on-air food drive, to Senator Mike McGuire, his hard-working team, and amazing local student leaders who worked together to put on another successful holiday food drive, to you—our supporters—our community really showed up this holiday season and showed what it means to care about one another.

Now, eight months into my new role, all I can say is thank you. Thank you to Food for People's hard working team that has weathered an incredible amount of transition and come out more resilient and creative than ever; thank you to our supporters who have proven that Humboldt County is a community of people that helps one another, and thank you to our program participants who never fail to impress me with their own compassion, support, patience, and resiliency.

With gratitude,



Carly Robbins,
Executive Director



Executive Director Carly Robbins is interviewed by a local TV station at the Humboldt Holiday Food Drive.

"Wow, that's the good milk!"

Serving Seniors Local, Organic Food

by Jessy Preciado, Child & Senior Programs Co-coordinator



Food for People supporter Michael Whiteley with Development Director David Reed and Executive Director Carly Robbins with a fresh delivery of Alexandre milk. Photo by Alan Workman.

There is no denying that money just doesn't go as far as it used to at the grocery store. Many of our senior program participants live on a small monthly amount of SSI as their income, and the pandemic-era CalFresh Emergency Allotments provided a long-needed, meaningful boost to CalFresh benefits for purchasing food. The end of Emergency Allotments in the spring of 2023 meant a drastic reduction in CalFresh benefits that helped make those grocery trips more affordable. This combination means that a lot of seniors in our community aren't always able to purchase high quality, nutritious foods, and instead have to settle for cheaper alternatives or go without.

This is why the Local Food Purchase Assistance (LFPA) program has been such a wonderful addition to our Senior Programs. LFPA funding makes it possible for Food for People to provide seniors in our community with high quality local produce, eggs, and milk.

LFPA is a program funded by a mix of State and Federal funding that is coordinated locally by the North Coast Growers Association (NCGA). The goal of LFPA funding is to support local purchasing of food for hunger relief and support local farmers and producers, especially socially-disadvantaged farmers.

Over the past few months, early on Monday morning, local farmers, still muddy from harvesting, and NCGA staff, have arrived at our warehouse dropping off bags of rainbow carrots, golden beets, lush green kale, and bins of winter squash. This vibrant array of fresh, organic produce is then bagged by a dedicated crew of volunteers so that it can be distributed throughout the week to seniors around the county.

In addition to the local produce, we have been able to distribute local Alexandre Family Farm milk and eggs to seniors enrolled in our programs. It has been so rewarding to be able to answer "Yes!" when a senior asks if anything in their produce bag is organic. And many people have looked at the bag of perishables and commented "Wow, that's the good milk!". Not only does it make sense to give our seniors such high quality and nutrient-rich food, it is also really cool to be supporting our amazing local farmers and producers in the process. To me, this program is the perfect example of how, as a community, we can work together to create a food system that is good for the people, the planet, and our local economy.

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Holiday Spirit Food & Fund Drive Recap

Another very successful year

by David Reed, Development Director and Allison Kenney, Local Food Resources Coordinator

We want to thank everyone who donated to Food for People this winter. With everyone's help we raised the food and funds needed to help our neighbors through this season and beyond. On these two pages we've collected some of the diverse ways that the community pitched in to break records and share their generosity these last three months.



The Backcountry Horsemen collected food as they paraded through Old Town.

The Redwood Unit of the Backcountry Horsemen organized their 18th **Cowboy Canned Food Convoy** parading their horses and mules around Old Town Eureka, stopping to pick up collected canned food at 14 businesses along the way.



The KHUM On-Air Food & Fund Drive encouraged support for Food for People's many programs.

For more than 20 years, we have partnered with local radio station **KHUM** for a multi-day, on-air food and fund drive. This year, we broadcast from Murphy's in Westwood Arcata, the North Coast Co-Op in Arcata and Eureka, Wildberries and Safeway collecting food and monetary donations while sharing stories from Food for People's programs and supporters.



CalTrans District 1 Hunger Fighters

Our 2023 **Hunger Fighter challenge** was a wild success! Over 20 local businesses, organizations and civic groups participated in this year's challenge—generating over 2,000lbs of food donations and roughly \$6,300 in fund donations. We had several new teams sign up this holiday season, as well as many longstanding participants. Our friends at Six Rivers Charter School, who have joined in on our holiday food drives for several years, went above and beyond and donated over 700 lbs of food and \$585! We are so thankful for all of the teams who helped raise food and funds for our neighbors in need.



Holiday cabaret provided good times and support to Food for People!

Thanks to all of the performers, volunteers, organizers and attendees of **Sugar Plums & Stocking Stuffers: A Holiday Cabaret** at the Eureka Theater. The event raised over \$1000 in donations and 112 pounds of canned food!



McKinleyville High School students (Golden Can Winners) brought in the most amount of funds this year.

Senator Mike McGuire's 8th annual Humboldt Holiday Food Drive broke all records AGAIN! Local high school students from Ferndale, Fortuna, Eureka, Arcata, McKinleyville and St Bernard's brought in a staggering 30,000 pounds of food and the community raised more than \$52,000! Each school's students showed creativity and drive in getting their supporters to donate. In the end, St. Bernard's Academy won the coveted Golden Can Award for the most food collected with 12,683 pounds! McKinleyville High won the Golden Can Award for the most monetary donations with \$3,060.45! Both schools receive a Golden Can trophy and \$750 for a school dance from Senator McGuire.



Community members donated money during the Humboldt Holiday Food Drive.



Volunteers from Vineyard Wind and Express Employment Professionals helped unload over 30,000 pounds of food brought in by local high school students.

The Eureka Police Department's 3rd annual **Cram the Cruiser** event raised over 1300 pounds of canned goods for Food for People! Thanks to EPD, Eureka Grocery Outlet and Bi-Coastal Media's Power 96 for their support.



Eureka Police Department officers collected food donations at Grocery Outlet.

Expanding Child Nutrition Efforts

Pacific Charter School 2.0

by Carrie Mitchell, Child Nutrition & Senior Programs Co-coordinator



This year's Backpacks for Kids program is serving 37 sites — more than ever before!

Food for People's Backpacks for Kids Program is in full swing, serving a record 37 schools this year, with nearly 600 students enrolled so far. By far our most popular children's nutrition program, Backpacks for Kids provides non-perishable, kid-friendly food to schools for students who may be dealing with food insecurity over the weekend.

Starting a new Backpacks for Kids site at a school can be a challenge, mostly because, as a grassroots program, we don't have specific funding to help with the food cost. Financial support for a new site might fall on the school itself if there is no available funding from local donations. One of the newest schools to join the program this year is Pacific View Charter School 2.0. I chatted with the new Community Liaison there, Kelly Johnson, to learn about how she helped bring the school into our program, "This was the first community partnership I wanted to have for our school. So many kids go hungry during the weekends, and I want to ensure that our students are getting their needs fulfilled."

Pacific View Charter School 2.0 (PVCS) opened its doors in 2000 and is located in Eureka. It is an independent study program with an in-person setting option that serves grades K-12. They have two campuses: a high school and an elementary school, with about 85 elementary students and 69 high school students.

The Backpacks for Kids Program serves 27 students between the two Pacific View campuses.

"Our high school students are very appreciative of the food. They love the variety that is given to them each week," Kelly says, "and the elementary families are so thankful for all the food. Sometimes it's all some of our students have for the weekend. The one thing I have heard the most is that the families love the little recipes but wish that all or most of the ingredients would be in the bag."

On Wednesdays, Kelly picks up food from the food bank and drops it off at the elementary campus. On Thursday mornings school staff start putting the bags together. Some students are not on campus on Fridays, so they receive their bags Thursday after school. "To ensure that our students receive the bag," Kelly explained, "we ask that parents please grab their bags either while dropping off or picking up their child. We want to make sure that all the food makes it home. On Thursday afternoons I will take some of the bags over to the high school, where the students will pick up on their own."

Kelly, the staff, and the students are really happy to be part of this program. "So many kids go hungry during the weekends," Kelly says, "and I want to ensure that our students are getting their needs fulfilled. We are very appreciative of the food that Food for People provides our students."

Give in the name of a loved one

You can honor a friend or family member by making a donation to Food for People. Simply add a notation to your gift. If you include an address, we'll send a card to let that person know about the donation. It is a great way to celebrate and/or honor the memory of someone you love.

In Memory Of

Adelle Nicely
 Alan Meisel
 Alexander Rhoomes
 Barb Wilson
 Barbara Brown
 Barbara Peters
 Bernadette Cheyne
 Bill Jackson
 Catherine Yehle
 Cindy Arnold
 Connie Raines
 Dana Jones
 Dell Diver
 Dorina Espinoza
 Dorothy Stringer
 Eleanor Donovan
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 Eric Freed
 Frank and Libby Cerny
 Frank Weber and Laurey and Jay Sullivan
 Frank Weber
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 Jack Hemmert
 Jane and Mario Brenta
 Joan Schirle
 Justin Keele
 Kelly Alcorn
 Kristine Brenneman
 Larry Kahn
 Laura Rose
 Laura Shelden
 Leonard and Hazel Juell
 Liz Hamilton
 Loretta Ladika
 Ludwig Ammon
 Magdalen Weyhmiller
 Mark Schaal
 Mattole
 Melinda Groom
 Nelo Speziale
 Nicholas Motto
 Nilo Spiegiale
 Olga Skweir
 Patric Nagle
 Ralph Davis

Richard May
 Sheriff Gary Philp
 Stephen Cowley
 Sue MacConnie
 Ted Daw
 Tom and Linda Marlow
 Vern Stevenson
 Virginia Pratt

"In memory of my dear brother Sean."

"In memory of my daughter April Conant."

"In memory of Bonnie and Clyde Archer's 72nd wedding anniversary. Best parents ever."

"In memory of Carl Meyers. His life and the ways he impacted the lives of so many, will never be forgotten."

"In memory of Wm. Barton, My brother in law."

In Honor Of

Alice Flocchini
 Andrea Eitel Bird
 Ari Samuel Alter
 Auntie Joan and Unkie John
 "Barry Douglas, a truly giving soul"
 Bella Fratkin
 Bergen Brell
 Betsy and Mel Fenn
 Bill and Pam Nason
 The Brett Battle Family
 Carol Van Sant
 Cate Holm
 Chris and Kathy Lee
 Clayton Laverne
 Debra and Tom Kingshill
 Doug Renwick
 Edward Barff
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 Jason Tracy
 Jean Hadley
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 Jim Wingate
 Joe Thaler and Ariel Stone
 Julie Lerwell
 Julie Ryan
 Katy and Mike Yanke
 Ken Fiedler & Ilona Bruneau
 Kellie McGlathery
 Kim Thorpe
 KMUD volunteers
 Leslie Cooper
 Luca
 Lynnette McDaniels
 Marie Mintz
 Martha Spencer and Eric Nelson
 Matthew and Karen Kidwell
 Max Fratkin
 Micheal Fratkin
 For McKinleyville High Students & Staff from the Guynups
 Patti Anderson
 Paula Lacy
 Phebe Smith & Rockey Poole
 Phebe Smith
 Rachel and Sue
 Rev. Amy Beth Durward de Macias
 Rev. and Mrs. Paul Chaffee

Ruth Anne Wilson-Jones
 Samuel Katz
 Shirley Foster
 Shirley Lusk
 Sonja Morris' 70th birthday
 Staff and Volunteers at Food for People
 Stephen Mackey

"In Honor of Flynn, Lauren, Katy & New Baby Lathan Reid. We love you and are so glad you love to help those who are food insecure."

"In honor of all cancer survivors."

"In honor of Catherine Hastings Happy B-Day From Stephen and Ethan."

"In honor of Malaki's 12th Birthday (our Grandson)"

"In honor of Juan Pablo Cervantes. In recognition of your genuine kindness to my 95-year-old mother and myself, on a miserable April night. Thank you."

"In honor of John Masterson. Thank you Sweetheart for your inspiring spirit, generosity and humor. All my love and thanks, P"

"In honor of Mike. Help from someone who's been there."

"In honor of R'Delle Anderson, Paul and Bella Ely Belatedly, with love at Christmastime"

"In honor of Teri Lane. Teri, Happy Birthday to you from Pete and Mary"

"In honor of Trudy Keltz for her October Birthday and the December Holidays."

"Merry Christmas Gigi and Great Grandpa!"

"Merry Christmas Joel and Marina. We love you! Mom and Larry."

"This gift is made in the honor of Jean Guthrie!"



Election Year Advocacy

Food & Housing

by Food for People Staff

Fighting hunger is not only about providing emergency food to people in need – it also means taking action to address the root causes of hunger and poverty. Every day, but especially in an election year, we have a responsibility to speak up for vulnerable members of our community. Public policy relates directly back to what Food for People’s program participants say they are most concerned about – the loss or reduction of poverty relief programs and the lack of affordable housing.

On Thursday, January 18, the Senate* and House** passed the third continuing resolution for this fiscal year to seamlessly fund government programs through early March. This is the third time doing so since August to avoid a partial government shutdown. We are carefully following as programs that serve to reduce poverty and hunger are at stake. At the human level, a lot of people who walk through our doors and are part of our community (and people who live all over the country) are seriously impacted when there is a hold up in critical funding.

This past autumn, many of our senior program participants, aware of the news, anxiously asked Food for People staff questions at our senior program distribution sites, such as: What would happen to them if the government went into a shutdown? What would happen to the variety of programs they participate in? Would they be able to eat? Would they be able to afford both food and rent?

In daily conversations with people who use Food for People’s services, the cost and availability of affordable housing is cited as the number one reason that clients are food insecure. This concern cuts across all demographics we serve, from seniors to families.

One 77-year-old Choice Pantry participant returned to Humboldt after taking care of a family member in another part of the country. She says she spent the next 15 months applying for housing, **“...putting my name in everywhere for senior or low income housing. I spent my first year back here living in an 8 by 10 tool shed.”**

A study published in the Journal of Housing Economics*** found that households who spend more than 30% of their income on housing (which is termed “cost-burdened”) are more likely to experience food insecurity than those who spend less than 30%. The U.S. Census reports that, nationally, the number of households that spend 50% or more (or, “severely-burdened”) rose to 25.4% in 2021.

In Humboldt County, the Census American Communities Survey reports that 10.5% of renters paid 30%-34.9% and 47.1% of renters paid 35% or more of their income in the period between 2018-2022 (the survey did not break out households paying above 35%). With more than half of renters paying more than 30% of their income for housing, it’s no surprise that this is the most common reason community members tell us they need food assistance at Food for People.

Supporters and friends of Food for People ask us if there is something they can do. We welcome anyone to join us in making your voice heard on important legislation and topics that impact hunger and poverty. For instance, talk with or write to elected officials about your concerns, and ask about what they are doing to support healthy, food-secure, livable communities.

To sign up for our Hunger Action newsletter, visit foodforpeople.org/advocacy

* <http://tinyurl.com/Senate-ContResolution>

** <http://tinyurl.com/House-ContResolution>

*** <https://www.sciencedirect.com/journal/journal-of-housing-economics>

Conversations with Clients

Volunteers help with intake

by Anne Hartline, Volunteer



When I retired from my job as a middle school teacher, I found myself seeking ways to get involved with the projects and programs I admired in Humboldt County. There were so many! I found myself looking closely at Food for People as an organization I wanted to put some of my energy into. Let's face it, food is right up there on the list of what we need to survive and thrive as people. Plus, I had seen so many of the families I loved during my teaching career significantly helped by programs run or supported by Food for People. I knew I wanted to be a part of that.

I filled out a volunteer application and my adventure began! In the last seven years, I've delivered food to homebound seniors, helped bag produce and USDA food items, and worked at food pantries around the county. ALL of these activities have been so very satisfying!

Still, I want to focus on one of my more recent volunteer experiences — working at the Eureka Choice Pantry doing intake. The job entails welcoming clients into an office for a conversation and an opportunity to enter a bit of information about them into the computer so Food for People has a record of who's been in and when. The computer work is easy (I'm soon to be 70 and the tech part is NOT HARD for me!!), and the opportunity to sit and talk briefly with the amazing variety of people who grace our community is truly satisfying.

There are so many reasons that I love doing this work: The staff is incredible! The emphasis for everyone is respect for the clients and a genuine desire to help people get the food they need. People are not turned away without food, and the focus is choice and respect.

Everyone works so hard to listen to what people's needs are and to help all clients feel valued and seen.

I get to talk to people and to share stories about all kinds of things. I've met some amazing people — parents and grandparents who positively glow when talking about their children (and sometimes I get to meet the kids too!); friends and neighbors who come in to help each other with selection, driving, and laughs; people who share stories about their lives, experiences, and journeys. So often I find myself laughing and wishing I had more time to spend with the people I meet. Case in point: just this week I was asked by a client if I had ever watched David Letterman while eating ice cream, and of course, I said YES (I love Letterman AND ice cream!) and we were fast friends.

The food that is available to clients at this pantry (and others around the county) is extraordinary — fresh and varied with lots of choices. As an intake volunteer, I get to talk to people, laugh with them, and help them access two of life's most important commodities — food and respect. I can't think of anything more satisfying than that!

Fondly, Anne Hartline

ATTENTION: We are looking for volunteers interested in working in the Eureka Choice Pantry doing intake with clients, especially on Fridays. If this sounds like something you'd be interested in, contact Volunteer Coordinator, Julie Ryan at volunteer@foodforpeople.org or call 707-445-3611 ext 310.



Stuffed Honeynut Squash Recipe

by Magnolia Bowman, CalFresh Nutrition Education Coordinator

Blake at Wild Rose Farm in Blue Lake, CA was the first person to ever introduce me to honeynut squash. If you're looking to enjoy some winter squash, but don't want to handle a 5lb butternut, look no further than the sweet little honeynut. These squashes are delightful! Small, sweet and so flavorful. You can simply roast them in the oven with a little oil and salt, or incorporate them into baked goods to add natural sweetness and moisture.

For a savory meal or side, try this recipe for honeynut squash that's been roasted and stuffed with meat or lentils, vegetables, and aromatic spices! You can find these locally grown honeynut squashes at the farmers' market this season. You may even see them at one of our pantry distributions. Either way, I encourage you to give them a try!

Our Nutrition Education program provides cooking classes, demos, taste tests, and recipes, with the goal of educating the community about cooking healthy meals on a tight budget, especially with fruits and vegetables.

Ingredients:

- 1 large, or 2 smaller honeynut squash, halved and seeded
- 1/2 pound ground meat of choice (chicken, turkey, elk, venison, beef etc.) OR 2-3 cups of cooked brown lentils
- 1 tablespoon extra virgin olive oil
- 1/2 large yellow onion, chopped
- 2 stalks celery, chopped
- 2 cloves garlic, minced
- 1/2 large sweet/tart apple, chopped
- 2 tablespoons minced fresh rosemary
- salt and pepper to taste
- 2 tablespoons chopped pecans

Directions:

Preheat oven to 400°F and oil or line a baking sheet. Place the halved and seeded honeynut squash cut side down on the baking sheet. Roast for about 25 minutes until flesh is fork tender and skin has started to turn golden brown around the edges. While honeynut squash roasts, prepare the filling (skip the next step if making the vegetarian version with lentils).

In a skillet over medium-high heat, add the ground meat and cook until browned, breaking into small pieces with a spatula as it cooks. Drain any excess liquid from the meat (this will depend on which kind of meat is used) if necessary and return the skillet with the meat to the stove. With the skillet over medium heat, add the olive oil, onion, celery and garlic. Stir to combine and cook for about 5 minutes until onions and celery start to soften.

Add the chopped apples and rosemary (and lentils, if using in place of meat) and cook this mixture for an additional 3-4 minutes. Season to taste with salt and pepper. When squash is roasted, remove from the oven and let sit until cool enough to handle. Scoop some of the flesh out of the squash and place in a large bowl, leaving enough squash intact around the perimeter to maintain the shape.

Add the ground meat or lentil mixture to the bowl with the scooped honeynut squash and mix until well combined. Season to taste with salt and pepper. Spoon the filling back into the squash halves. Top with the chopped pecans and place back into the oven for another 5 minutes until warmed through. Garnish with any leftover chopped rosemary and serve warm.

Inspired by Running to the Kitchen blog

Working People Need Our Help Too

by Magnolia Bowman, CalFresh Nutrition Education Coordinator

From the outside looking in, many people have an idea of what a food bank is: a place that supports people when they are houseless, in a place of transition, or even at rock bottom. Although we do support people experiencing these circumstances, the majority of Food for People's clients are not in these situations. Many are housed, have full-time jobs, and are parents, students, caregivers, and homeowners.

At Food for People's Mobile Produce Pantry sites across the county, we see a variety of people who make adjustments in their work schedules so they can show up in time to get their monthly fruits and vegetables. Some rush over on their lunch break; others try to get off work early so they can pick up for themselves and perhaps a coworker as well. Many program participants express having a hard time getting by day-to-day on what they earn. Despite working a full-time job, finances are tight. Many make just enough money to be ineligible for CalFresh, yet don't make enough to feed themselves and their families.

This is where the food bank comes in, to support those who are "the rich of the poor" as many have described themselves — those who fall into the margin between where CalFresh income guidelines end, and where a comfortable living wage begins. The Mobile Produce Pantry and other Food for People programs are resources to support a wide range of people who need assistance putting healthy meals on the table every day.



Mobile Produce Pantry team members Britt and Ed distributing fresh produce in Blue Lake.

Eating seasonal foods is one of the best ways to eat healthy on a tight budget. Incorporating freshly harvested, local ingredients ensures we are nourishing our bodies with rich nutrients while supporting the hardworking farmers who play an essential role in our local economy.



Fresh celery, honeynut squash, carrots and more at a recent Mobile Produce Pantry distribution.

Seasonal Ingredients to look out for this February: Artichoke, brussels sprouts, cabbage, carrots, celery, leeks, meyer lemon, onions, parsnips, potatoes, radicchio, turnips, winter squash. All of these are available at local farmers' market locations!

Sign up for CalFresh to receive a Market Match of up to 10 dollars at all Humboldt County Farmers market locations! See marketmatch.org for more information.



Keep an eye out for the release of Humboldt Cider Co.'s "Cider for People" made with Humboldt County apples to raise funds for Food for People. Coming soon!

Thank you to our Sponsors!



Mission. Food for People is working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education, and advocacy.

Vision. We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition, and is committed to creating a stronger, healthier Humboldt County.

More. For more information on Food for People and our countywide hunger relief programs or ways you can get involved visit foodforpeople.org.