



# SPRING ISSUE 2019

**Food for People**  
The Food Bank for Humboldt County



Food for People volunteers & staff  
at the McGuire Food Drive sorting event

## In this Issue

Offering a Hand Pg. 5

Our Hunger Fighter Heroes Pg. 6

Nutrition for All Pg. 9

www.foodforpeople.org  
707-445-3166  
Eureka CA 95501  
307 West 14th Street

We feel it's important to keep you updated on our programs, policy work, and the progress we are making at the food bank.

If you do not wish to receive a newsletter, please don't hesitate to contact us and have your name removed from our newsletter mailing list.



**Food for People**  
*The Food Bank for Humboldt County*

Non-Profit.org  
U.S. Postage  
PAID  
Eureka CA 95501  
Permit No 159

## Board of Directors

Carol Vander Meer, *President*  
Martha Spencer, *Vice President*  
Lew Litzky, *Treasurer*  
Nick Vogel, *Secretary*  
Amber Madrone  
Bill Daniel  
Dean Hart  
Dorina Espinoza  
Edie Jessup  
Marina Cortez-Hash  
Mark Murgia  
Neal Latt  
Jerome J. Simone

## Staff

Adam Hayes  
*Development & Communication Specialist*  
Anne Holcomb  
*Executive Director*  
Carly Robbins  
*Development Director*  
Carrie Smith  
*Child Nutrition Programs Coordinator*  
Corey Tipton  
*Business Resources Manager*  
Deborah Waxman  
*Director of Programs*  
Erin Tharp  
*Choice Pantry Coordinator*  
Frank DiLorenzo  
*Driver*  
Heidi McHugh  
*Community Education & Outreach Coordinator*  
Hailey Mohland  
*Pantry Network Coordinator*  
José Mendez  
*Warehouse Assistant*  
Juan Miranda  
*Bilingual CalFresh Outreach Specialist*  
Judy Langley  
*Fundraising Assistant*  
Karen Asbury  
*Inventory Database Manager*  
Lori Rudebock  
*Finance Director*  
Matt Drummond  
*Nutrition Education Coordinator*  
Michael Regan  
*Logistics Manager*  
Michelle Dedekam  
*Warehouse Distribution Specialist*  
Michael Barnes  
*Senior & Homebound Programs Coordinator*  
Mikayla Godman  
*Receptionist*  
Mike Seeber  
*Mobile Produce Pantry Coordinator*  
Paloma Herrera  
*Direct Services Manager*  
Tim Crosby  
*Operations Manager*

# Notes From the Director

## The Impacts of a Shutdown

By Anne Holcomb



Federal employees utilizing a food bank. Photo by Patrick Semansky

I'm hoping that by the time you read this the government shutdown will have ended and hundreds of thousands of government workers, some of whom have continued to work and others who have been shut out of their offices, will have received their paychecks and back pay. Our hearts go out to all those who are dealing with the enormous stress of not knowing how they are going to pay their rent or mortgage, put gas in the car (or make a car payment), cover medical and/or childcare costs and put food on the table. And in addition to the immediate impacts, we know all too well that there are ripple effects

when one or more branches of the government or business community are not functioning as expected. That's what "business as usual" looks like for the food bank, because we are often the first place people turn to when a financial crisis turns a household upside down. As always, we want to do everything we can to help individuals and families impacted by the shutdown, because that's what we do, but this time around, we're also concerned about disruptions in the flow of food to our food bank.

As the shutdown has stretched over several weeks, Food for People has focused on how we can respond and what

resources will be available to us. This sort of crisis raises particular concerns because 18% of the food we distribute annually comes from USDA through the commodities program, and we know that many of the people we serve also rely on other government food assistance programs such as CalFresh/SNAP, WIC, CSFP, school meals, etc. Let me share a few of the details from the update we received through USDA. Please note that I have summarized the details for the sake of brevity:

### Nutrition Assistance Programs under a Lapse in Appropriations



## Notes from the Director Continued

### Child Nutrition Programs

The school meal programs and the Child and Adult Care Food Program (CACFP), which provides funding for after-school snacks and supper programs, have funding to cover program operations for the month of January. USDA will provide an additional two months' worth of funding, consistent with the standard practice of funding these programs on a quarterly basis.

### Supplemental Nutrition and Safety Programs

WIC has the resources to cover projected State expenditures for March. USDA/FNS (Food and Nutrition Services) has identified an additional \$350 million in unspent prior year funds to allocate at a later date.

Food deliveries planned for February for the Commodity Supplemental Food Program (CSFP), which serves seniors age 60+ (Food for People has a caseload of approximately 350 here in Humboldt County) will continue. But due to the lapse, States have not received their 2019 caseload assignments, so CSFP-participating States must operate at 2018 caseload levels. Similarly, states have received no additional administrative funds since the lapse, and none can be made available until the lapse ends. In short, that means the quarterly reimbursement payments Food for People receives for administering the program are suspended.

Food deliveries planned for February for The Emergency Food Assistance Program (TEFAP), the USDA commodity food allocations, including the bonus and trade mitigation foods provided through the price supports program, will continue. Quarterly reimbursements for TEFAP (approximately \$15,000/quarter for Food for People) are also on hold until the shutdown ends.

FNS does not anticipate significant operational impacts for the **WIC Farmers' Market (FMNP) and Senior Farmers' Market Nutrition Programs (SFMNP)**, as they are seasonal benefit programs with annual grant funds.

For the Food Distribution Program on Indian Reservations (FDPIR), food deliveries planned for February will continue. FDPIR programs have administrative funding through January 31 and are expected to operate the program.

### The following statement was issued by Secretary of Agriculture Sonny Purdue regarding CalFresh/SNAP benefits:

*To protect SNAP participants' access for February, USDA is working with states to issue February benefits earlier than usual. USDA will rely on a provision of the just-expired Continuing Resolution (CR), which provides an appropriation for programs like SNAP and Child Nutrition to incur obligations for program operations within 30 days of the CR's expiration. USDA will be reaching out to states to instruct them to request early issuance of SNAP benefits for February. States will have until January 20th to request and implement the early issuance. Once the early issuances are made, the February benefits will be made available to SNAP participants at that time.*

### And Humboldt County DHHS issued this statement re: CalFresh benefits for Humboldt County recipients:

*Although we remain hopeful that Congress and the Trump Administration will come to an agreement to end the government shutdown quickly, there is a chance it could continue past the end of January. Should the federal shutdown continue into February, we have grown increasingly worried that Californians who utilize CalFresh food assistance benefits (known as SNAP at the federal level) could see their benefits impacted. SNAP is a federally funded program that is subject to federal appropriation and the state does not share in the cost of these benefits. At this time we have been notified that February benefits will be issued 1/16/2019 in order to pull as much regular Federal funding as possible. This helps us retain reserve funding in case the shutdown continues through February. No notices will be sent out due to the tight turnaround on implementing this large scale change to our systems.*

One of the important things to keep in mind when it comes to CalFresh is the ripple effect it would have on local businesses if the shutdown continues. DHHS data shows that \$2.9 million in CalFresh benefits are spent at local stores across Humboldt County every month. The loss of that income would be a big hit to a store's bottom line and could lead to a reduction in the labor force if a resolution is not reached soon.

Humboldt County businesses are already feeling the economic impacts of changes in the cannabis industry post-legalization. That may well level out over time, but it still has many local businesses concerned. Now we have the added challenge of reduced spending by local government employees who work for the Coast Guard, the National Parks, Fish and Wildlife and so many more government offices. We know our community will rally and do everything in its power to help our friends and neighbors, but it's also a reminder that life is filled with uncertainties that require community commitment and a resilient social safety net to help us weather the storm. Food for People stands ready to do our part and we want to extend our warmest thanks to all those who stand with us.

### With Gratitude,

Anne Holcomb,  
Executive Director  
[aholcomb@foodforpeople.org](mailto:aholcomb@foodforpeople.org)




**Donate Today!**





“

You don't know  
how much this  
helps me...

Food Pantry Recipient

”

Matt Drummond, our Nutrition  
Education Coordinator, shelving the  
Eureka Choice Pantry

## You Have a Choice

### A Pantry that Gives Food & Dignity

By Adam Hayes

**T**hink about your shopping list for your next grocery store trip. In your head you probably plan on picking up your favorite pasta, some of your go-to snacks, and maybe even a guilty pleasure from the ice cream aisle. Imagine that while you walk through the entrance of the grocery store someone stops you and hands you a generic bag of food. This is your food for the month. You don't get to decide what type of vegetables you want or get to keep out the jar of peanut butter that you are allergic to. Many food banks and pantries operate with this model, but at Food for People, we handle food distribution a little differently.

In 2009, we adopted an innovative way to distribute food called a Choice Pantry. You can think of a Choice Pantry like a grocery store. Participants use a grocery cart and get to pick items from each shelf. The variety ranges from fresh local produce, grains, proteins, dairy, baking ingredients, and even sometimes treats like Cypress Grove Cheese. Whenever available, the Choice Pantry offers gluten-free and dairy alternatives. Most of the year, fruits and vegetables fresh from local farms, vendors, and gardens fill the shelves. Our non-food section may have hygiene products, clothes, shampoo, lip balms, pet items, and even hand warmers.

On a typical distribution day we will see between 70 to 100 households. When a household arrives, we begin with a brief intake interview to get to know their situation and needs. We will typically help them sign up for CalFresh and help connect them to any resources they might need. This is where we begin or continue to form a real relationship. The Choice Pantry allows us to help support the progress people make, which for some is getting a job, and for others is finding housing. We are a community where we get to know the people we serve.

The Choice Pantry brings dignity into the process of receiving food assistance. To be in control of one's own diet is power. It also cuts down on waste when people no longer receive food they inevitably will not eat. Many of the pantries in our countywide network have adopted a form of the choice model which fits their space and resources. The choice model encourages healthy food choices from each food group. We provide quality produce and nutritious food that helps foster lifelong health. The Choice Pantry not only allows people to get the food they want, it also gives them a feeling of dignity. For more information on our Choice Pantry visit us at [foodforpeople.org](http://foodforpeople.org) or give us a call at (707) 445-3166.



# Offering a Hand

## Celebrating our Volunteers

By Paloma Herrera

**W**ell folks, it's officially the New Year! 2019 is upon us, and with it comes the hope of a fresh start through the process of reflection. When taking stock of 2018, it's clear that our volunteers truly showed up for their Humboldt community. From the spring time, with our Annual Letter Carrier's Food Drive, to the winter, which brought our Holiday Spirit Food & Fund Drive, community members like YOU - donating their time, money, and food - demonstrated the generous spirit of Humboldt. The holidays especially brought out the best in folks who wanted to make sure that no North Coast neighbor went hungry this season.

This season was particularly busy for Werner, one of our dedicated volunteers, who has consistently donated his time for the last four years! Werner is a recognizable face out and about in Eureka, and he has made himself known in the community as someone willing to lend a helping hand wherever and whenever possible. Werner shared, it's the satisfaction of fulfilling his purpose that keeps him coming back to volunteer at Food for People again and again!

We sat down with Werner to talk a little bit about the help he has given Food for People in the last year, and what he is excited about in the new year. Werner works in the Eureka Choice Pantry as a Shopper's Helper, assisting community members as they shop around the pantry. As he claims, the best part of that job is the fact that he is serving community members by making sure that the people who come into the pantry have the best foods available for their bodies. And he's right - Food for People strives to serve fresh produce and food items with a high nutritional content so our neighbors vulnerable to hunger can live their healthiest life. Those aren't all the benefits, though - having been a Eureka local for several decades, Werner loves being able to see familiar faces and meet new ones in the pantry. The way Werner sees it, there's always an opportunity to strengthen our sense of community - one great way he likes to do that is by building relationships with the people we serve. The payoff of a strong community is deeply felt by all who enter the food bank.

Is 2019 your year to volunteer with Food for People? Are you a Humboldt local looking for some volunteering opportunities on the weekends in the New Year? Look no further - Food for People has a 2nd Saturday of the month volunteer event for folks who have limited time during the week. It is the perfect event to bond with family and friends while helping your community. To learn more about volunteering opportunities, please send us an email at [volunteer@foodforpeople.org](mailto:volunteer@foodforpeople.org) or visit us at <https://www.foodforpeople.org/volunteering>

“  
Our work would  
not be possible  
without you.

”



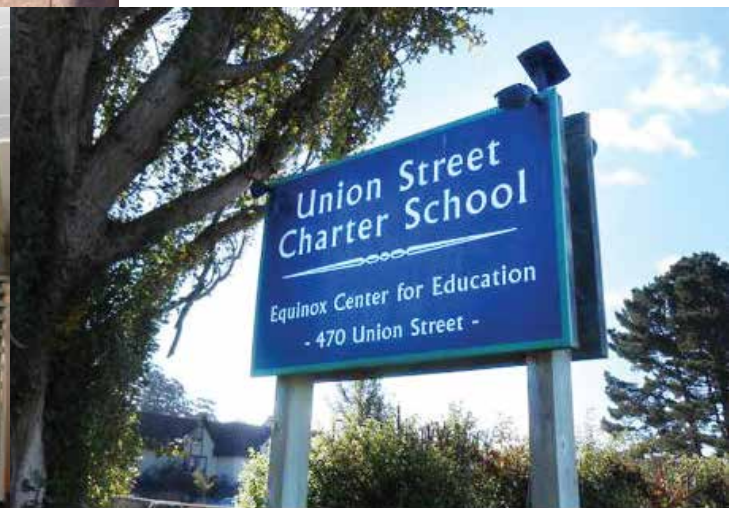
Werner, Food for People's long time volunteer in our Eureka Choice Pantry



# THANK YOU

## To our Golden Circle Hunger Fighter Teams

This year's Hunger Fighter Challenge, which spans the months of November and December, consisted of 48 participating teams that helped collect 6,776 pounds of food and \$3,760 for Food for People's 26th Annual Holiday Spirit Food & Fund Drive! We want to thank all of the individuals, organizations, and businesses who helped make the 2018 Hunger Fighter Challenge a success!





# Thank you to everyone who helped make our 26th Annual Holiday Spirit Food & Fund Drive successful!

And all the individuals in our community who gave food, funds, or time to help others during the holiday season

## Hunger Fighter Champions

Academy of the Redwoods  
American Ag Credit  
Area 1 Agency on Aging  
Backcountry Horsemen of California,  
-Redwood Unit  
Beneficial Living Center  
Changing Tides Family Services  
City of Arcata  
Coast Central Credit Union  
Compass Community Credit Union  
Dell'Arte International  
Department of Rehabilitation  
DHHS - Community Wellness Center  
DHHS - Social Services  
DHHS - Public Health  
Environmental Technology, Inc.  
Garfield Elementary  
Glen Paul School  
House of Nice  
Humboldt Community Access &  
Resource Center  
E Street Center  
Sequoia Center  
Humboldt County Planning & Building  
Department  
Humboldt Independent Practice  
Association (IPA)  
Humboldt IPA - Priority Care  
Hunter, Hunter & Hunt  
LACO Associates  
LiFTED – Arcata  
Mad River Community Hospital  
Northcoast Horticulture Supply  
Northtown Coffee  
Outer Space Arcata  
Redwood Curtain  
Brewing Company  
Satori Wellness  
Six Rivers Brewery  
Social Security  
State Compensation Insurance Fund  
Stephanie's Home Cooking  
US Department of Fish & Wildlife  
NCAA Fisheries  
National Park Service  
US Geological Survey

## Holiday Funding Partnership

Humboldt Health Foundation  
Humboldt Area Foundation  
Mel & Grace McLean Foundation  
Patricia D. & William B. Smullin Foundation

St. Joseph Health Foundation  
Christine & Jalmer Berg Foundation

## Food Drop-Off Barrel Hosts

Bridgeville Community Center  
Bridgeville Elementary School  
C C Market & Deli  
Community Credit Union  
Eureka Natural Foods  
Ferndale Community Church  
Grocery Outlet  
Hupa Family Resource Center  
K'ima:w Medical Center  
Les Schwab Tire Center  
McKinleyville Family Resource Center  
McKinleyville New Heart Church  
Murphy's Markets  
North Coast Co-op  
Ray's Food Place  
Redway Family Resource Center  
Redwood Capital Bank  
Root 101 Nursery  
Safeway  
Swain's Flat Outpost  
Tri Counties Bank  
US Postal Service Offices:  
- Blue Lake - Bridgeville - Ferndale  
- Hoopa - Rio - Dell - Scotia  
- Willow Creek

Umpqua Bank  
Wildberries Marketplace

## Additional Community Donors

Bayside Makers Fair  
Boys & Girls Club Eureka  
- Wes Vega Concert  
Eureka Women's Club  
Humboldt Interfaith Fellowship United  
Congregational Christian Church  
KHUM 104.7FM – Radio without the rules  
North Coast Emergency Physicians  
The Shop Arcata  
Umpqua Bank Club Carefree  
Women in Timber

# Thank you Senator McGuire



Senator Mike McGuire's Team

Senator Mike McGuire's Third Annual Humboldt Holiday Food Drive was a grand success. Thanks to Senator McGuire's dedicated team and the energetic and inspiring high schoolers, we were able to more than triple what was brought in last year. Thank you to the participating high schools: Arcata, Eureka, Ferndale, Fortuna, McKinleyville, and St. Bernard's; and thank you to Senator McGuire and his team; KHUM Radio, for covering the event live; Safeway for graciously hosting; Mendes Supply for sponsoring; and all the community members who contributed to make the event a success! Let's see if we can top that in 2019!



St. Bernard's students with Anne & McGuire



## The Dish

# Parsnip Fries with Garlic & Herbs

## Ingredients

1-2 large parsnips

1 tbsp. olive or coconut oil

4 cloves of garlic - chopped  
*(use more if you're a garlic lover)*

1 tsp. rosemary - chopped

Salt and pepper to taste

## Delicious & Nutritious

### A Healthy Fry you have to try

By Matt Drummond

**T**he next time you're in the grocery store or choice pantry keep an eye out for parsnips. This odd shaped relative of the carrot can be added to roasted vegetables, soups, and mashed vegetables. Parsnips are packed with vitamin C, folate, manganese, and fiber and add more flavor and complexity to dishes than potatoes and carrots alone. Pick up some parsnips and try this parsnip fry recipe.



Delicious Parsnip Fries  
waiting to be eaten

## The Recipe

**Step One** - Preheat your oven to **400 degrees**.

**Step Two** - Line a baking sheet with foil or parchment paper.

**Step Three** - Cut your parsnips into small shoestring pieces and place in a mixing bowl.

**Step Four** - Drizzle the fries with oil and toss until they are coated.

**Step Five** - Add salt and pepper to taste.

**Step Six** - Spread the fries out on your baking sheet in an even layer.

**Step Seven** - **Bake for 15-20 minutes** and then take them out to toss the fries around a bit. Add garlic and herbs.

**Step Eight** - Place them back in the oven and bake for **another 15-20 minutes**, until they reach your desired crispiness.

**Step Nine** - Enjoy! If you liked the recipe share the food with friends, and on your social media tag us at @Foodforpeopleinc

## Want More Nutrition?

Every month Matt makes a wellness newsletter.

*Pick it up at our Eureka location.*

Or catch Matt at his next cooking class on Thursday, February 28th at the Jefferson Community Center at 3:00 PM. Email Matt for information or to RSVP  
mdrummond@foodforpeople.org



“  
Because of your  
help, we have  
fresh vegetables.  
MPP Recipient

”

## Nutrition for All

### Fresh Vegetables on the Move

By Adam Hayes

It was 10:00 AM on a cold Thursday morning. I was waiting outside of Food for People's Eureka location to go on my first Mobile Produce Pantry (MPP) trip. The MPP is a 27 foot refrigerated truck that delivers fresh fruits and vegetables in a free farm stand style across Humboldt County. I had never stopped in Orick before. In fact, in my five years in Humboldt I had not been to most of Food for People's 11 MPP sites. Mike Seeber, the Mobile Produce Pantry Coordinator, walked up to me with a smile on his face and asked, "You ready?"

As we drove up the 101, the rain didn't pick up until we hit Trinidad. The Mobile Produce Pantry truck towered over other vehicles as we traveled through the increasingly wooded highway. The truck's name is Izzy the Isuzu, and on her dashboard sat a Chewbacca bobble head that danced with the contours of the highway. As we began to talk about the MPP, Mike told me he believes he has the best job at Food for People. He explained how the combination of getting to drive around our beautiful county, handle spectacular produce, and connect with people who are genuinely grateful is something that makes for very fulfilling work. I laughed at the thought of someone having the best job, but I tucked the idea into the back of my mind.

When we arrived at the site in Orick, we were greeted by an eager volunteer named Laura and George the temporary coordinator of the pantry site. George's good humor, spirit, and quick wit led me to believe that there is room for great joy in this line of work. While beginning to unload the truck, Lisa from the Humboldt County Department of Health & Human Services (DHHS) arrived with their Mobile Engagement Vehicle. Having the DHHS staff at every MPP distribution makes it easy for people to connect with other county services. We quickly set up the produce under cover from the rain. It was now 11:50 AM, 10 minutes before we were going to start distribution. There were several people waiting in line who were talking about the meals they were excited to cook for the holidays. One man talked about a green bean casserole he couldn't wait to make for his five children. They planned on doing all of the cooking on the 24th so they could enjoy their Christmas without any worries.

As the distribution began, I overheard people talking about the produce. One woman looked hesitantly at the crate of brussel sprouts. The person in line next to her said that if you add a little bit of butter, brussel sprouts are to die for. The woman was hesitant for one more moment, and then proceeded to excitedly fill her bag. There was a unanimous fascination with the bin of Romanesco. Most people had never seen or tried one before. The beautiful symmetry and geometric swirls left most people confused. "This is food?" I tried to explain that the taste is a mix between broccoli and cauliflower. A woman looked at me and said, "I'll try one. If I don't like it, I will just use it to decorate my Christmas tree." We both chuckled at the thought of a Romanesco ornament. A son and daughter were helping their mother pick up food. The daughter passed by the parsnips, and in the pile there was one that was bigger than her head. I picked it up and told her it was a special parsnip with magical nutrient powers. The daughter looked at me with eyes wide in astonishment; the brother grabbed it from me with an unwavering smile on his face. We know what an important resource the MPP is for low income people living in the outlying areas. When you are in a tight spot financially, you cannot afford vegetables like brussel sprouts, so for many families, this is their only chance at high-quality produce.

Right as it was time to leave, the wind picked up and the rain gave us an incentive to head home. While driving back to our Eureka headquarters, I got to reflect on whether Mike does in fact have the best job at Food for People. People were very appreciative of us being there. We saw families, seniors, and children collect wonderful produce and have important conversations about nutrition. I felt 12 feet tall after all of the smiles, appreciation, and even having a woman hug me out of pure gratitude, after which we were both close to tears. Today we were at the front line of hunger, and it was clear that hunger does not come in one shape or size. We made a real difference today, one giant parsnip at a time. As I looked over the coast with raindrops gently falling onto the wind shield, the heat from the truck putting me to sleep, I closed my eyes and thought, Mike definitely has the best job.



Mike Seeber,  
Food for People's Mobile  
Produce Pantry Coordinator, with  
his 27 foot refrigerated truck





“  
Hunger cannot be  
solved through  
food alone.

”

*Food for People  
representatives in Sacramento  
on Hunger Action day*

## Taking a Stand

### Our Advocacy Work

By Heidi McHugh

In 2018 Food for People sent nearly 40 letters to our elected representatives in the State and Federal government. Why? Because we cannot fulfill our mission to eliminate hunger with food alone. One of our guiding principles states that we believe the root causes of food insecurity must be addressed to realize our long-term goal of eliminating hunger. Poverty and hunger are inextricably linked. Anything that can reduce or exacerbate poverty will have the same effect on food insecurity. Policies proposed in Washington D.C. and Sacramento can create or reduce the need for our services and directly impact the amount of service we can provide. Food for People engages in policy advocacy as a means to fulfill our mission, educate our community, and to empower our program participants.

The scope and scale of our advocacy efforts is varied. We send letters to support or oppose legislation that might affect the amount of food and funding charitable food organizations receive in State and Federal budgets or how the tax code is written to incentivize charitable giving. We are active in the Californians for SSI (Supplemental Security Income) coalition that strives to increase SSI grant amounts and is celebrating a major victory that will allow SSI recipients to access CalFresh. Nearly half of the households Food for People serve have at least one member who receives SSI. We monitor the reauthorization of the Farm Bill every five years with intense scrutiny, because the funding levels and regulations for programs like SNAP (CalFresh) and The Emergency Food Assistance Program (TEFAP) are established in this process. Last year we joined tens of thousands of state and local organizations to oppose proposed cuts to

SNAP. We were successful, and the Farm Bill did not include any cuts in SNAP funding. Farm Bill advocacy led to funding of the popular Market Match program that encourages using SNAP benefits at local farmers' markets.

Food for People hosted free community film screenings of documentaries that focus on hunger. The screenings were followed by panel discussions to explore the ways we can work locally to reduce hunger and poverty. We have sent staff, volunteers, and program participants to Sacramento for Hunger Action Day to speak with our State legislators about the experience of facing hunger in Humboldt County. With the support of the California Association of Food Banks, we send staff to the National Anti-Hunger Policy Conference in Washington D.C. to speak directly with our members of Congress about poverty and policy. These face-to-face interactions serve as an important reminder of the unique vulnerabilities rural communities can experience with policy changes, and make certain we are not forgotten behind the “Redwood Curtain.”

As I write this article, Food for People is closely monitoring the potential impacts of the government shutdown. Households that access our programs are often also accessing CalFresh, WIC, School Nutrition Programs, and Tribal Commodities. Most of these programs are funded through February; some through March. Should the shutdown continue into and past March, there is no certainty of their operations. Food banks like ours are bracing for the impact of a continued shutdown as we understand that people will need our services to fill the gap. The problem is, the gap is a chasm. For every bag of groceries provided through charity, these federal programs provide twenty (Bread for the World). On a normal day we advocate for these programs for the same reason; food banks are not equipped with the resources and funding to tackle the entirety of hunger in America. By the time this is printed, I hope we have moved past this current advocacy emergency and have returned to the path of advocating for the elimination of hunger and poverty.



## Tribute & Memorial Contributions

You can honor a friend or family member by making a donation to Food for People. Simply add a notation to your gift. If you include an address we'll send a card to let that person know about the donation. It is a great way to celebrate and/or honor the memory of someone you love.

## In Memory Of

April Conant  
Betty Boozer  
Deanne Ramsey  
Dennis P. Murray  
Errol Comma  
GeorgeAnn Wence  
Harvey Jossun  
Helen Person  
Ivanka Velinova  
Jacque Kesinger  
Jane Chambers  
Janice Gray  
Joan Harper  
Joe Myers  
John & Rose Losa  
Julius & Sydney Schwartz  
Justin Keele  
Karen Dunwrit  
Kelly Kyle  
Laurey & Jay Sullivan  
Laurie Wainwrightville  
Loretta Speziale  
Lynn Robbins  
Mario & Jane  
Mark Morgan  
Marlene Laidlaw  
Pete Pettersen  
Richard C. Day  
Ruth Farmer  
Russell Green  
Ruth & Salvatore Mylie  
Shelly Miller & Marilyn June  
Sons John, Jason, &  
Granddaughter Wendi  
The Camp Fire Victims

## In Honor Of



Aaron Binnie  
Anne Fenimore  
Ann & Todd Petty  
Ben & Charlie Narwold  
Berget Jelane  
Beverly Ann  
-Happy 83rd Birthday!  
Bob, Shannon, & Jim  
Bruce & Shirley Miner  
Bud & Missy Talbot  
Case Managers at Open Door  
County Democratic Central Committee  
Dallas Rhodes  
Don Plato  
Douglas R. Knott  
Ed & Sage  
Erika Makino  
Food for People's volunteers & donors  
Glenda Hesseltine  
Hugh Scanlon & Sharon Levy  
Jacque Kesenger  
Jannetje Vrieze  
Jason S. Hood  
Jim & Mary Jo Renner  
Joan & Frank Marino  
Joan Steeves  
John Gordon MacKinney  
John & Laura  
Katy & Mike Yanke  
Ken & Troy Dean  
Kylah Rush  
Laurel Skye  
Liz Killian  
-Happy Birthday!  
Margaret Lang & Steve Railsback  
Mary Wolaver  
Maureen Saunders  
Megan Montgomery  
Rebecca Simone  
Rev. & Mrs. Paul Chaffee  
Room #19, Arcata Elementary School  
Roberta Nebergall  
Stillwater Sciences - Arcata  
Sue Buckley & Dianne Deckler  
Taz Hirano  
The Gray Family  
Vicki Hartman

## Food for People

The Food Bank for Humboldt County



**Mission.** Food for People is working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education, and advocacy.

**Vision.** We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition and is committed to creating a stronger, healthier Humboldt County.

**More.** For more information on Food for People and our 18 countywide hunger relief programs or for ways you can get involved please visit us at [www.foodforpeople.org](http://www.foodforpeople.org)



**SUSTAINED  
GIVING**

**URNS INTO  
SOMETHING**

**FULL PLATE** **POWERFUL**  
partners

**For more information, please visit**

[www.foodforpeople.org/full-plate-partners](http://www.foodforpeople.org/full-plate-partners)

**A special thanks to our printer!**

Our newsletter is printed on 100% recycled paper using soy inks. All paper waste generated in the process of printing is sent directly back to the paper mill for recycling.

**western web**

[www.western-web.net](http://www.western-web.net) - 707.444.6236





# Thank You to our 2018

## Holiday Spirit Food & Fund Drive Sponsors

Made possible by



# Times-Standard

The North Coast's Daily Newspaper Since 1854

Jassen Malloy LLP

**NYLEX.NET**  
Your connection to new technology

**Redwood Capital Bank**



**PHILIPPE LAPOTRE**  
**ARCHITECT**  
2300 MYRTLE AVE. SUITE A EUREKA, CA 95501  
T:(707)442-8867 F:(707)442-8872

WWW.PLARCHITECT.COM

**LOST COAST COMMUNICATIONS**

**Tires LES SCHWAB** *Belonging Never Felt Better™* **Coast Central Credit Union** **NORTH COAST CO-OP**

**BICOASTAL MEDIA**

**GREEN DIAMOND Resource Company**

**MAD RIVER RADIO**



### RECOLOGY HUMBOLDT COUNTY

Anderson, Lucas, Somerville & Borges, LLP - Jessicurl - Sanderson Funeral Home - Harper Motors