



Food for People

The Food Bank for Humboldt County

2016-2017
Annual Report





Food for People

The Food Bank for Humboldt County

Food for People is a non-profit organization working to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education and advocacy.

Our Vision

We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition and is committed to creating a stronger, healthier Humboldt County.

Board of Directors Fiscal Year 2016-2017

- | | | |
|--------------------------------|----------------|-----------------|
| Carol Vander Meer, President | Bill Daniel | Erika Wright |
| Martha Spencer, Vice President | Lew Litzky | Neal Latt |
| Dallas Rhodes, Secretary | Martha Spencer | Dorina Espinoza |
| Jerome Simone, Treasurer | Dean Hart | |
| Nick Vogel | Edie Jessup | |

Food for People, Inc. *The Food Bank for Humboldt County*

307 W 14th St., Eureka, CA 95501 • (707) 445-3166 • www.foodforpeople.org
 Food for People, Inc. is a 501(c)(3) nonprofit as referenced by EIN 94-2772549.

Table of Contents

Executive Director’s Message 3
 Financial Statement 4
 2016-2017 Expenses 5
 2016-2017 Food Distributed – By Source 5
 Map of County Services 6
 Programs 6-11
 In-Kind Donation Value9
 Funding Sources 11

Food for People is a member of the California Association of Food Banks and is designated as a partner distribution organization by Feeding America, a nationwide network of food banks. We are also members of the Northern California Association of Nonprofits, which helps to build and strengthen our focus on local partnerships and collaborations.

© 2017 Food for People, Inc.

Photos provided by Food for People Staff and Volunteers.

Executive Director's Message

Food for People is grateful for this opportunity to share the highlights of our accomplishments for fiscal year 2016- 2017, which encompasses the period from October 1, 2016 through September 30, 2017. It represents our 38th year of service to our community, providing food assistance for an average of 12,000 individuals of all ages each month. The majority of our 18 programs have been in operation for anywhere from 11 to 36 years and they include a network of 17 food pantries, free produce distributions and other food assistance services specific to the needs of children, families, seniors and people with disabilities. They also include a variety of nutrition education activities; CalFresh outreach and application assistance; job training programs for individuals enrolled in the WEX and CalWORKS programs; and advocacy focused on issues that address the root causes of hunger and poverty. Although operations are based at our “mother ship” facility in Eureka, we connect with people at locations throughout Humboldt County with food distribution sites that extend from Garberville in the south to Orick in the north and from Eureka on the coast to communities in the eastern corner of Humboldt County, including Hoopa, Weitchpec, and Dinsmore.

Creative partnerships and the spirit of collaboration represent a significant part of our strong foundation. We have hundreds of program partners that include Family and Community Resource Centers, faith-based groups, nonprofit organizations, businesses, government entities, civic groups, schools, families, and interested individuals who work together and share limited resources to make our community a better place to live. We would also like to thank our hardworking, “compassion in action” staff and volunteers who work shoulder to shoulder each and every day, providing excellent service for people who are experiencing poverty and food insecurity, and

doing so in an atmosphere of dignity and respect. They inspire and energize us on a daily basis.

It's important to acknowledge that funding for essential safety net services from government and grant sources can fluctuate widely from one year to the next based on a variety of influences at the local and national level that are beyond control. We do our best to piece it all together and operate our programs as efficiently and cost-effectively as possible, but we could never accomplish all that we do without our food and financial donors and our volunteers, who represent our most consistent base of support. Their donations of time, money, food and resources make it possible for us to help when needed most and represent a significant investment in the long term health of our community. We appreciate their continued support and their willingness to help us maintain a strong focus on good nutrition as a pathway to good health.

In closing, I would like to extend our warmest thanks to all who are partnering with us to create a healthy, hunger free Humboldt County. We couldn't be more grateful for your support!

With gratitude,



Anne Holcomb
Executive Director



Meeting the Need in Humboldt County

Humboldt County has one of the highest rates of hunger and food insecurity statewide.

-(California Health Interview Survey)

Food for People, Inc.
Statement of Financial Position
As of September 30, 2017

	<u>Sep 30, 2017</u>
ASSETS	
Current Assets	
Cash and Cash equivalents	648,542.00
Accounts Receivable	220,075.00
Food Inventory	71,865.00
Prepaid Expences	3,852.00
Total Current Assets	<u>944,334.00</u>
Fixed Assets	
Property, Equipment and Improvements	<u>376,895.00</u>
Total Fixed Assets	<u>376,895.00</u>
TOTAL ASSETS	<u><u>1,321,229.00</u></u>
LIABILITIES AND NET ASSETS	
Liabilities	
Accounts Payable	15,372.00
Note Payable	1,296.00
Accrued Expenses	45,285.00
Total Liabilities	<u>61,953.00</u>
Net Assets	
Unrestricted Net Assets	1,063,120.00
Temporarily Restricted	196,156.00
Total Net Assets	<u>1,259,276.00</u>
TOTAL LIABILITIES AND NET ASSETS	<u><u>1,321,229.00</u></u>

Food for People is the major hunger relief agency for Humboldt County, serving the community since 1979—nearly 40 years!

Federal and state contracts specific to the distribution of USDA, and other purchased or donated foods, combined with grants and generous local donations, make it possible for us to provide food for more than **12,000 low income children, seniors, families and other individuals each month.**
– 10% of Humboldt County’s population.

44% of low-income households in Humboldt County are food insecure (Census Bureau’s American Community Survey 2015).



- 9 out of 10 individuals served by Food for People are housed and have income.

- Many of those we serve are working families that are underemployed or do not earn enough to survive.



- 1/3 of the people served are children.

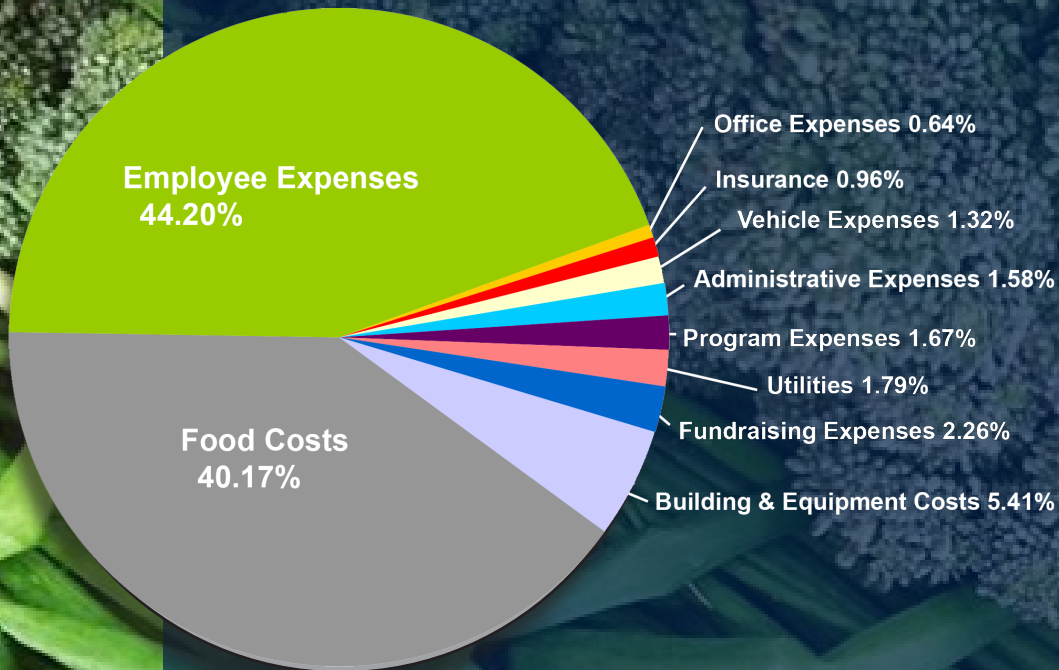


- 1/4 of the people we serve are seniors who have worked all their lives and now struggle to survive on fixed incomes.

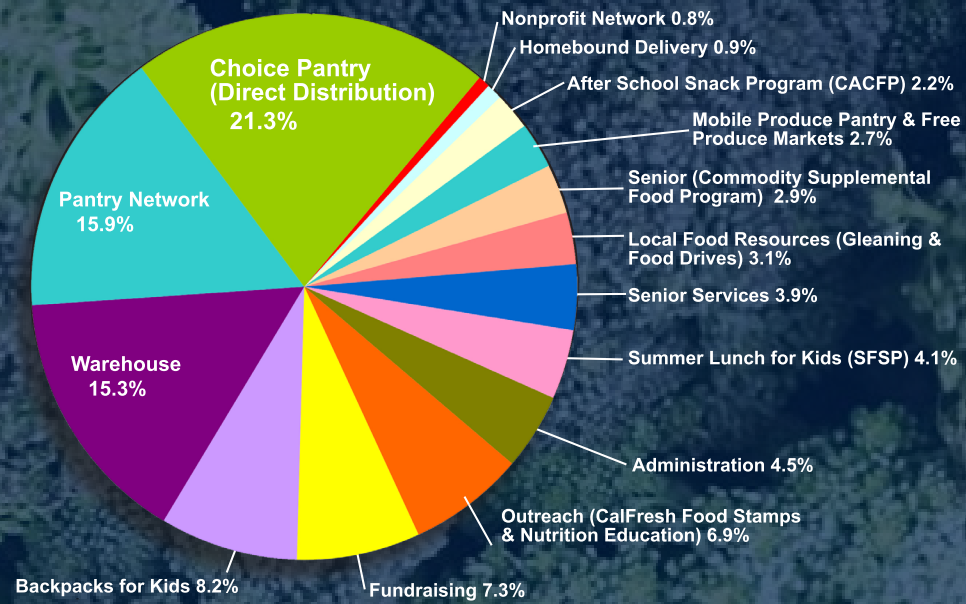
- More than 40% of all households we serve rely on disability income.



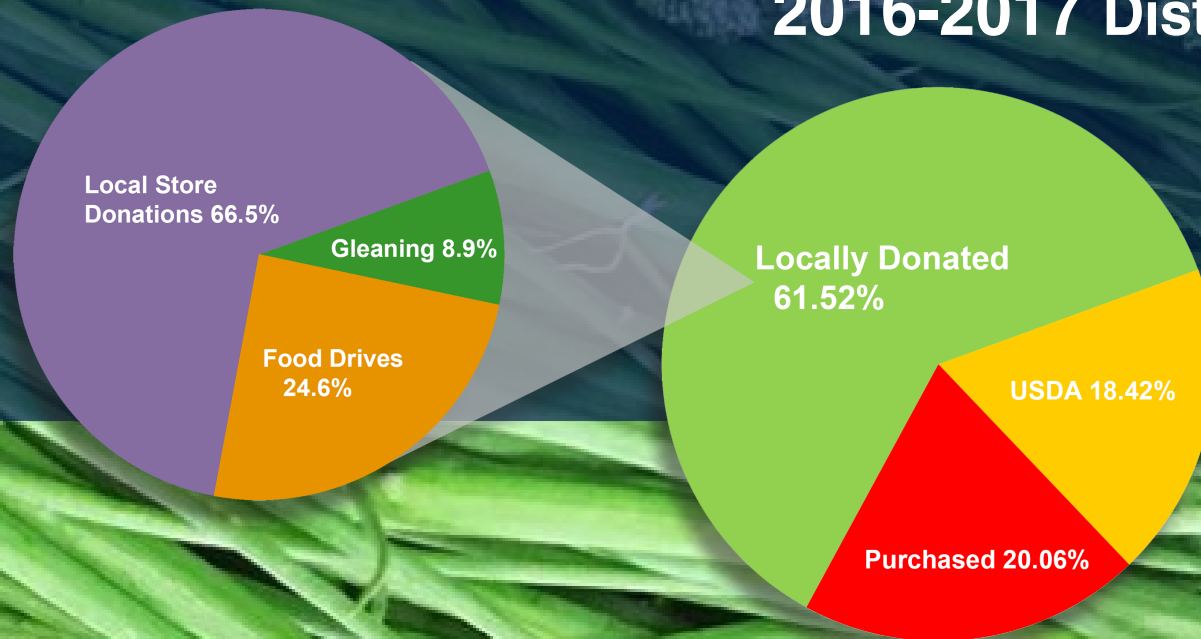
2016-2017 Expenses



2016-2017 Program Expenses



2016-2017 Distributed Food *By Source





Food for People

The Food Bank for Humboldt County

Map of County Services

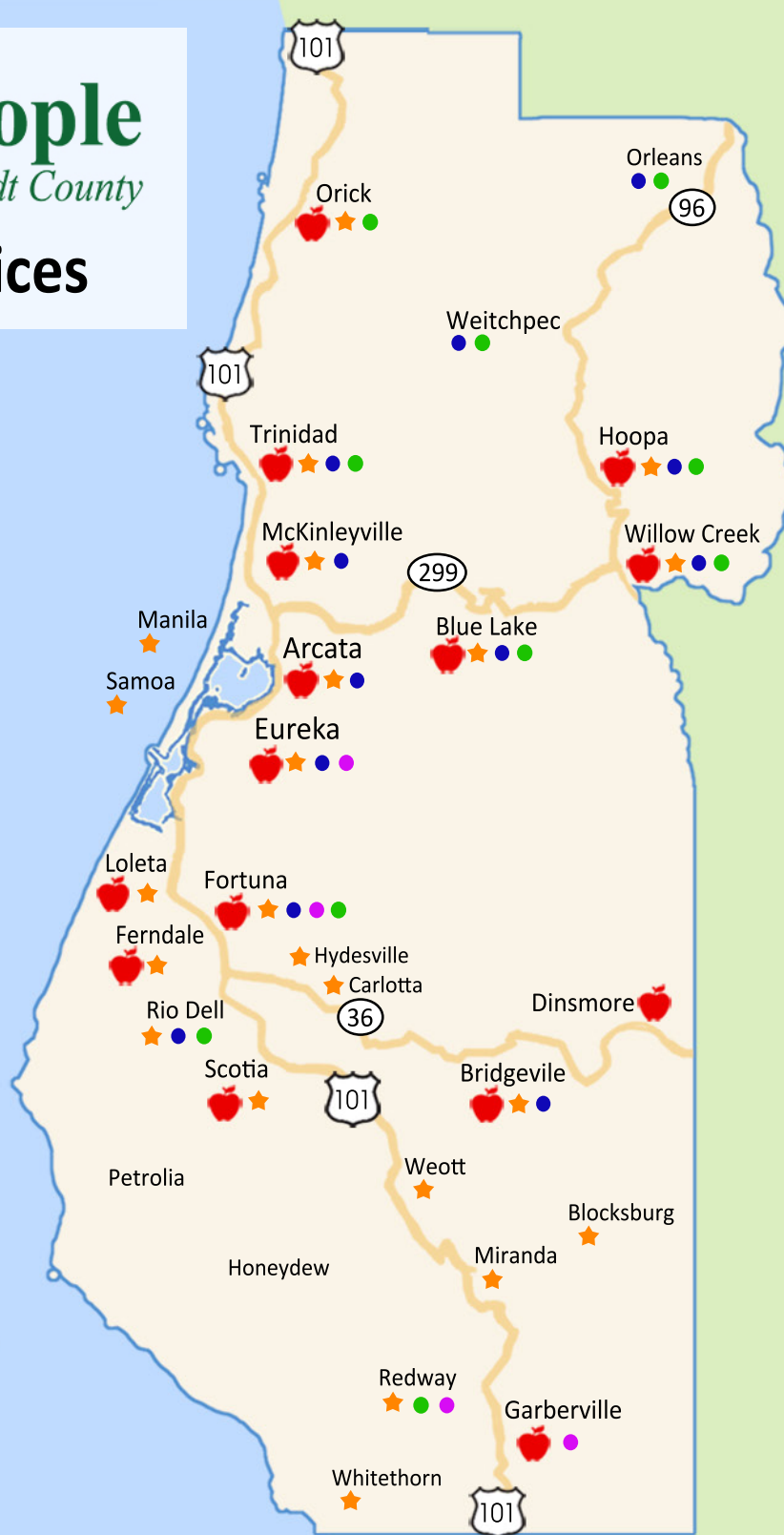
Food for People's 18 programs provide:

COUNTYWIDE FOOD ASSISTANCE:

Our NETWORK of 17 FOOD PANTRIES includes a CHOICE PANTRY onsite at our warehouse in Eureka as well as food pantries across the county.

Last year our Choice Pantry in Eureka served 26,539 individuals, while our Pantry Network served 59,846 individuals countywide.

- In Humboldt County 20% of the population is below the federal poverty line (FPL) – a family of 3 living on less than \$20,160 falls under the FPL (Census Bureau's American Community Survey 2015).



Network of Food Pantries



Sites with Child Nutrition Programs: Children's Summer Lunch - Backpacks for Kids



Sites with Senior & Homebound Programs



Sites with Free Produce Market Distributions



Sites with Mobile Produce Pantry Distributions

www.foodforpeople.org

Food for People, Inc. is designated as the Food Bank for Humboldt County.

Local children enjoy apples in Food for People's Choice Pantry in Eureka.



CHILD NUTRITION: Our Child Nutrition Programs, **AFTER SCHOOL SNACK, BACKPACKS FOR KIDS & CHILDREN'S SUMMER LUNCH**, work to fill the meal gap for at-risk children in the community when school meal assistance is unavailable.

Last year our Afterschool Snack Program served 34,600 snacks to local children, our Backpacks for Kids Program provided 15,663 weekend food bags to 567 school children, and our Children's Summer Lunch Program distributed 15,512 lunches to children countywide during the summer when school is out and school meals are unavailable.

- **23% of children 18 & under** in Humboldt County live below the federal poverty line. (Census Bureau's Community Survey 2015)
- **56% qualify for free or reduced cost meals at school** (CA Department of Education).

SENIOR & HOMEBOUND

NUTRITION: Our **SENIOR & HOMEBOUND PROGRAMS** work hard to serve seniors and people with disabilities countywide. We believe that providing nutritious food to our seniors to help them maintain their health and independence should be our first line of defense against chronic and age-related conditions.

Last year our Senior (Community Supplemental Food Program) served 4,001 boxes and our Senior Brown Bag Program distributed 3,474 bags of food to seniors countywide. In addition, 645 bags of food were delivered to adults younger than 60 years old who are too ill or disabled to leave their homes through our Homebound Delivery Program.

- **10% of Humboldt County Seniors age 65+** live in poverty,
- **8 million seniors age 56+** face hunger in the US.

Volunteers Janet & Chris pick up bags of food to deliver to local seniors and homebound individuals in need



FOOD RECOVERY & WASTE

REDUCTION: Our **GLEANING, FOOD DRIVE,** and **LOCAL STORE FOOD RECOVERY PROGRAMS** work with local farmers, stores, and community members to access healthy food for those in need while cutting down on food waste.

Last year our Gleaning program collected 56,132 lbs of fresh fruits and vegetables from local farmers, orchards, ranchers, and other local producers, local Food Drives collected 170,877 lbs of food for seniors, children, and families experiencing hunger, and our Local Store Food Recovery Program recovered 435,931 lbs. of surplus food from 23 local grocery, pharmacy, and health food stores in order to reduce food waste while helping community members in need.



Food for People's Local Food Resources Coordinator and Intern harvest beans from a local garden through our Gleaning Program.



Food for People's Driver Frank Di Lorenzo unloads donations of produce from the North Coast Co-op through our Local Store Food Recovery Program.

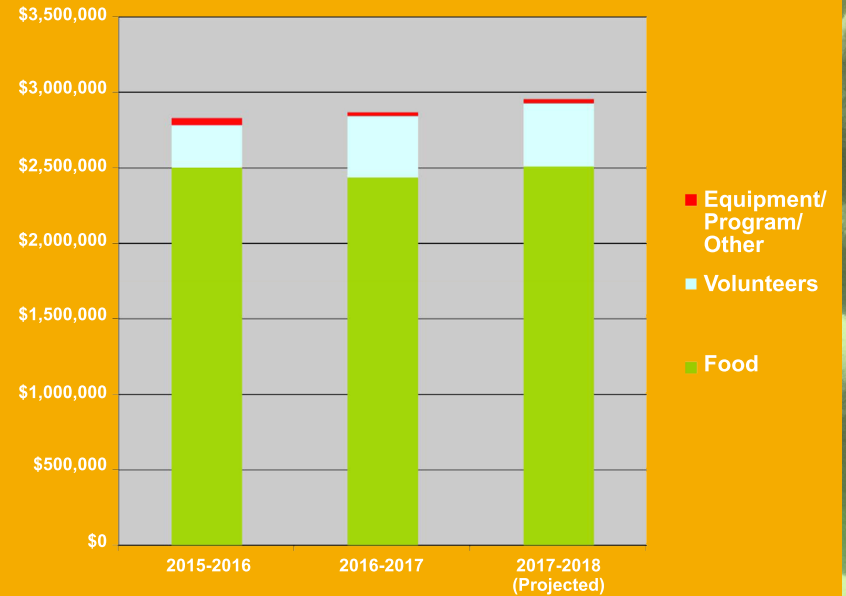


“Affording good vegetables is a huge challenge and Food for People’s Produce Market once a month in the summertime offers so much food. A whole watermelon or corn, strawberries, plus onions, potatoes, carrots. Something inside me relaxes and opens when there’s lots of good food in the house... Having Food for People in my life really makes a difference. Thank you!”

-Claire, Eureka Resident



2016-2017 Dollar Value of In-Kind Donations



FRESH PRODUCE & LOCAL FOODS:

Last year we distributed more than 2 million pounds of food to low-income Humboldt County households —36% of the food distributed was fresh produce!

Our **FREE PRODUCE MARKETS** and **MOBILE PRODUCE PANTRY** work to increase access to fresh fruits and vegetables to seniors, children, and families in need throughout Humboldt County.

Last year our Mobile Produce Pantry served fresh fruits and vegetables to 14,136 individuals in the most rural areas of Humboldt County, and our Free Produce Market distributed 143,762 lbs of produce to 7,770 individuals at 4 sites throughout the county.

Volunteers prepare bags of apples during a Free Produce Market in Eureka.

TOOLS FOR HEALTH AND SUCCESS:

Our **ADVOCACY, CALFRESH OUTREACH, and NUTRITION EDUCATION PROGRAMS** work to advocate for policies that reduce poverty and hunger, connect people with existing hunger relief programs, and educate on the importance of access to healthy foods and how to use them.

Last Year: our Advocacy staff educated 100 people in the causes and impacts of hunger, attended the National Anti-Hunger Policy Conference in Washington DC and Hunger Action Day in California's Capital Building in Sacramento;

Our CalFresh Outreach team worked with local community members in need to prescreen, and assist in applications and submissions for CalFresh benefits to increase their access to healthy foods;

And our Nutrition Program provided cooking and nutrition classes to 231 community members, and reached an additional 4,051 individuals through other nutrition activities including healthy recipe taste tests and demos throughout our programs.



Nutrition Education Coordinator Matt Drummond prepares a demo and taste test on how to prepare Stuffed Winter Squash for community members visiting one of Food for People's countywide distributions.



Volunteers help pack food bags to be delivered to seniors and homebound individuals through Food for People's Senior & Homebound Delivery Programs.

VOLUNTEER & WORK TRAINING:

Our **VOLUNTEER and WORK READINESS PROGRAMS** provides opportunities for community members to join us in our mission to eliminate hunger in Humboldt County, and offers ways for those in need to gain work experience so that everyone in our community can build a better life.

Last Year an average of 416 volunteers per month donated a total of 27,016 volunteer hours to help sustain food for People's Programs -equivalent to 17 Full-time staff members!

In the last 4 years, Food for People has provided job training, vocational skills, and ongoing support to 65 trainees through our Work Readiness Program. Many of our volunteers and work readiness staff gain vocational skills that help them secure stable, fulfilling employment.

CREATIVE PARTNERSHIPS:

Food for People partners with local organizations, resource centers, schools, businesses, and service clubs to further the reach of our programs. In addition, our **NONPROFIT NETWORK** welcomes local nonprofit organizations to access foods from us at a low cost (cents per pound!).

Last year fellow nonprofits accessed 91,837 lbs of food from Food for People - **38% of which was fresh produce!**

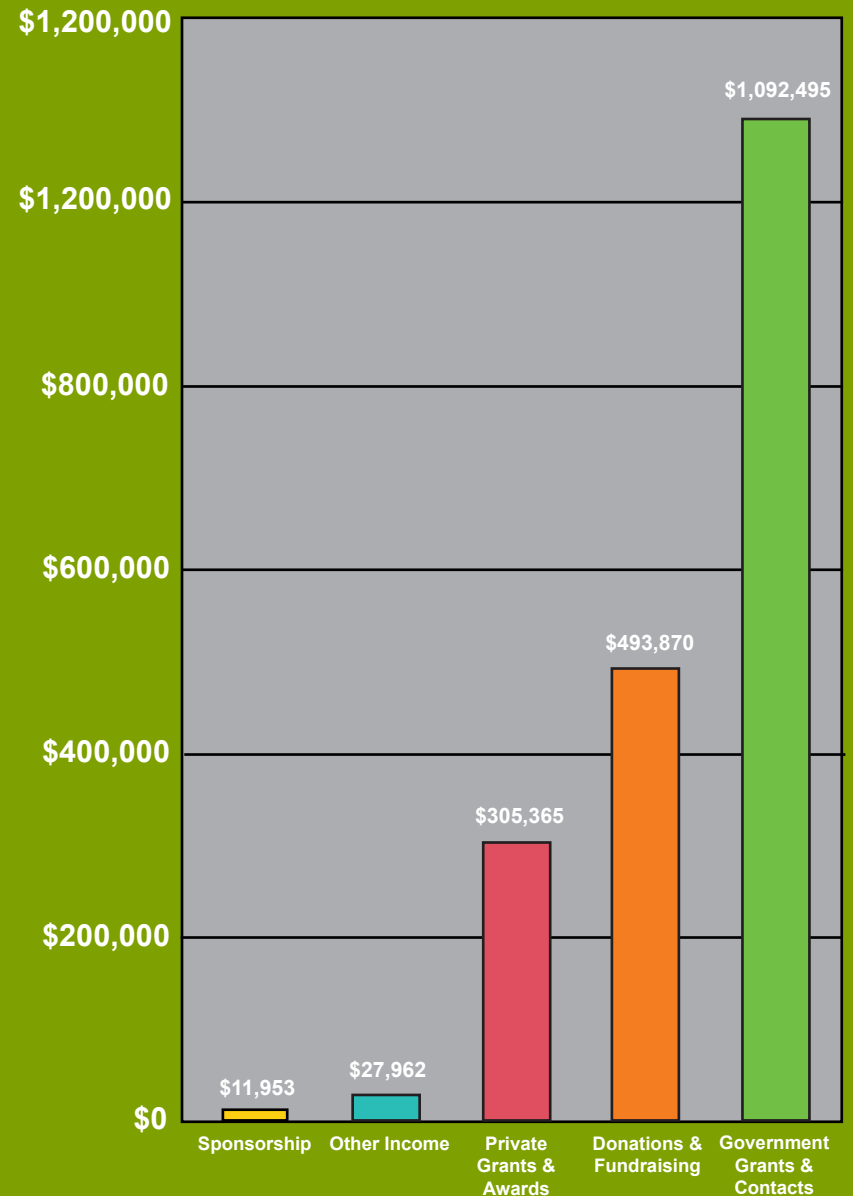


DISASTER/EMERGENCY FOOD:

Food for People's **EMERGENCY FOOD & DISASTER PROGRAM** makes food available to communities affected by a disaster situation.

When major disaster strikes and resources become scarce the **Food Bank becomes a resource for everyone.**

2016-2017 Funding Sources





Students from Coastal Grove Charter School help to glean extra produce from Organic Matters Ranch to provide healthy fruits and vegetables to community members accessing services from Food for People.

Our Values

Integrity — We will demonstrate the highest ethical standards in all interactions.

Stewardship — We will be accountable to all through the efficient and environmentally responsible use of resources.

Teamwork — We will foster cooperation and a sense of empowerment amongst our diverse staff, volunteers, and community partners.

Respect — We will treat all of our relationships with respect.

Innovation — We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment — We encourage and support the best in ourselves and those we serve and provide opportunities for everyone to participate in fulfilling our mission.

We believe hunger can be eliminated.



Food for People
The Food Bank for Humboldt County

307 West 14th Street, Eureka, CA 95501 • 707-445-3166 • www.foodforpeople.org